

# Fresh Veggie Series

## Vine & Fig Educational Outreach Program

This week all the produce was provided by Radical Roots Farm except for the onions that were provided by Saint Isidore Homestead & Permaculture



### This Week's Produce Items:

Lettuce, Onions, Tomatoes, Cilantro, Pepper, Garlic, Zucchini

### Recipe of the Week:

Pico de Gallo: Recipe by Madison & Guadalupe Jones



[vinefigeducation.org/recipes](https://vinefigeducation.org/recipes)

### Ingredients:

- 5 tomatoes, diced
- 1/2 red onion, minced
- 3 tablespoons chopped fresh cilantro
- 1 lime, juiced
- Salt and ground black pepper to taste
- Optional: 1 jalapeño pepper seeded and minced, cumin and garlic

### Instructions:

1. Stir tomatoes, onion, cilantro, lime juice, salt, pepper & jalapeño pepper together in a bowl. Enjoy!

