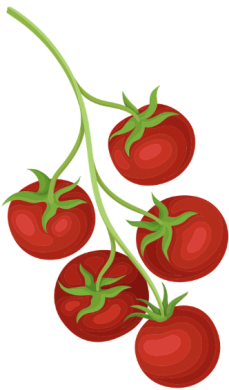


# Fresh Veggie Series

Vine & Fig Educational Outreach Program



## This Week's Produce Items:

### Radical Roots Farm:

Cherry tomatoes, tomatoes, peppers, parsley or basil, onion, cucumber, lettuce mix, kale

### St. Isidore Homestead & Permaculture:

Cherry tomatoes and small slicers, potatoes, onions, leeks



## Recipe of the week:

Cherry tomato salad

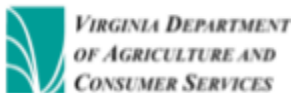
## Ingredients

- 1 pound cucumbers diced
- 1 pound ripe tomatoes
- 1/3 cup minced onion (optional)
- 1/2 cup minced fresh parsley
- 3 tablespoons extra virgin olive oil
- 3 tablespoons fresh lemon juice
- Salt to taste

## Directions

1. Dice cucumbers.
2. Cut cherry tomatoes in halves (or leave whole if they are quite small).
3. Mince onion and parsley.
4. Mix in a bowl with lemon juice and olive oil.
5. Salt to taste.

Enjoy!



[vinefigeducation.org/recipes](http://vinefigeducation.org/recipes)

