

Fresh Veggie Series

Vine & Fig Educational Outreach Program



This Week's Produce Items

Radical Roots Farm:

Scallions, radishes, kale, head of lettuce, tomatoes, cherry tomatoes, peppers, herb

St. Isidore Homestead & Permaculture:

Green head lettuce, peppers, mint and Radical Roots' scallions



Recipe of the Week: Scallion Scrambled Eggs

Ingredients

- Scallions (white & green parts)
- Olive Oil
- Eggs
- Salt & Pepper

Instructions

1. Heat oil in a pan and fry white part of the scallions until lightly fried.
2. Toss in eggs and scramble to your liking.
3. Place eggs on a plate (or tortilla!), sprinkle roughly chopped green part of scallions on top and enjoy!



vinefigeducation.org/recipes