

The Fresh Veggie Series

Vine & Fig Educational Outreach Program

This Week's Produce Items:

Scallions, Salad mix, Spinach, Head lettuce, Chives

Recipe of the week:

Scallion Scrambled Eggs

Ingredients

- Scallions (white & green parts)
- Olive Oil
- Eggs
- Salt & Pepper

Directions

1. Separate the leaves of the scallions from the white part (bulb).
2. Heat oil in a pan and fry the white part of the scallions until they are lightly fried.
3. Toss in the eggs and scramble to your liking.
4. Chop the scallion leaves.
5. Place eggs on a plate and add the green leaves as a topping. Enjoy!

PS: You can also wrap the eggs with a tortilla for a veggie breakfast taco.



vinefigeducation.org/recipes



Radical Roots
COMMUNITY FARM